I Love Pizza – Ingredients

Full ingredient list for every menu item · Updated October 2026 · All I Love Pizza stores

We want you to know exactly what you're eating. Below is every component of each menu item and the ingredients supplied to us by our suppliers. **Contains** lists allergens in the recipe; **May contain** lists traces declared by our suppliers. For a quick overview, see our separate Allergen Guide.

Gluten-free base (11-inch, Julian's): Soy flour, rice flour, maize, tapioca starch, water, self raising agents, vegetable oil, yeast, sugar, salt. **Contains: Soy.** Pizzas on the gluten-free base are made in the same kitchen as wheat-based products and are not suitable for coeliacs.

All food is prepared in kitchens that handle gluten, milk, egg, soy, tree nuts, crustacea and molluscs, so we cannot guarantee any item is free from traces of any allergen. If you have a severe allergy, please contact your store before ordering.

Special (limited time)

Romeo & Juliet Pizza ★ – October 2026 special

Contains: Gluten (wheat), Milk

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Guava Filling	Bocadillo Guava Filling (Gran Kactus, Colombia): Guava pulp, sugar. Made in a factory that also processes milk, wheat flour, coconut and colour yellow no. 5 (tartrazine, 102).
Catupiry	Milk, Cream, Salt, Starter Culture, Stabiliser (410).
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).

Traditional

Margherita

Contains: Gluten (wheat), Milk

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Oregano	100% Oregano

Siciliana

Contains: Gluten (wheat), Milk

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Garlic Base	Garlic Crushed, Oregano, Vegetable Oil
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Italian Sausage	Pork (96%), Salt, Sugar, Spices, Flavour, Antioxidant (316), Sodium Nitrite (250), Starter Culture.

Hawaiian

Contains: Gluten (wheat), Milk, Soy

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Smoked Ham	Pork, Water, Dextrose (Maize, Tapioca), Salt, Thickener (407a), Emulsifiers (451, 508, 450, 452), Maltodextrin (Maize), Antioxidant (316), Hydrolysed Vegetable Protein (Maize), Sodium Nitrite (250), Colour (120), Yeast Extract, Canola Oil, Spice Extract, Smoked.
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Pineapple	Pineapple, Water, Sugar and Citric Acid

Australiana

Contains: Gluten (wheat), Milk, Egg, Soy

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Smoked Ham	Pork, Water, Dextrose (Maize, Tapioca), Salt, Thickener (407a), Emulsifiers (451, 508, 450, 452), Maltodextrin (Maize), Antioxidant (316), Hydrolysed Vegetable Protein (Maize), Sodium Nitrite (250), Colour (120), Yeast Extract, Canola Oil, Spice Extract, Smoked.
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Bacon	Zammit Shredded Bacon: Pork (95%), Salt, Mineral Salts (451, 450, 339), Maltodextrin (Maize), Antioxidant (316), Preservative (250), Flavour, Natural Wood Smoke.
Raw Eggs	100% whole Egg.

Cheese Pepperoni

Contains: Gluten (wheat), Milk

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Pepperoni	Meat including Pork 97%, salt, spices, mineral salts 450/ 451/ 452, fermented rice, preservative 250)

Capricciosa

Contains: Gluten (wheat), Milk, Soy

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Smoked Ham	Pork, Water, Dextrose (Maize, Tapioca), Salt, Thickener (407a), Emulsifiers (451, 508, 450, 452), Maltodextrin (Maize), Antioxidant (316), Hydrolysed Vegetable Protein (Maize), Sodium Nitrite (250), Colour (120), Yeast Extract, Canola Oil, Spice Extract, Smoked.
Mushroom	Fresh Mushroom
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Olives	Kalamata Olives (66.6%), Water, Sea Salt, Acetic Acid, Vegetable Oil.

Ham & Cheese

Contains: Gluten (wheat), Milk, Soy

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Smoked Ham	Pork, Water, Dextrose (Maize, Tapioca), Salt, Thickener (407a), Emulsifiers (451, 508, 450, 452), Maltodextrin (Maize), Antioxidant (316), Hydrolysed Vegetable Protein (Maize), Sodium Nitrite (250), Colour (120), Yeast Extract, Canola Oil, Spice Extract, Smoked.
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).

Chicken

BBQ Chicken

Contains: Gluten (wheat), Milk, Soy, Sulphites **May contain:** Peanut

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Smokey BBQ Sauce	Masterfoods Professional Gluten Free Smokey Barbecue Sauce: Tomatoes (from Paste) (47%), Sugar, Thickeners (Modified Cornstarch, Pectin), Water, Acidity Regulators (Acetic Acid, Citric Acid), Salt, Glucose Syrup, Colour (Caramel 150c), Flavour (Smoke) (0.2%), Onion (0.2%), Spices (Clove, Nutmeg, Pepper), Tamarind Paste, Yeast Extract.
Chicken Breast	100% Chicken Breast. + SMOKEY BBQ SEASONING: Salt, Breadcrumbs (Flour, Water, yeast salt), Dehydrated Vegetables (onion, garlic), Spices (pepper, chilli), Sugar, Rice Flour, Canola oil, Food acid (330), Herbs, natural flavour, spice extracts.
Mushroom	Fresh Mushroom
Spanish Onions	Fresh Spanish Onion
Shallots	Fresh Shallots
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Oregano	100% Oregano

Chicken & Bacon

Contains: Gluten (wheat), Milk, Egg, Soy, Sulphites **May contain:** Tree nuts

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Chicken Breast	100% Chicken Breast. + SMOKEY BBQ SEASONING: Salt, Breadcrumbs (Flour, Water, yeast salt), Dehydrated Vegetables (onion, garlic), Spices (pepper, chilli), Sugar, Rice Flour, Canola oil, Food acid (330), Herbs, natural flavour, spice extracts.
Corn Kernels	Kernel Corn (61%), water, Sugar and Salt.
Spanish Onions	Fresh Spanish Onion
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Bacon	Zammit Shredded Bacon: Pork (95%), Salt, Mineral Salts (451, 450, 339), Maltodextrin (Maize), Antioxidant (316), Preservative (250), Flavour, Natural Wood Smoke.
Garlic Aioli	Canola Oil, Pasteurised Whole Egg, Water, Garlic, White Vinegar, Salt, Mustard, Sugar, Lemon Juice, Natural Flavours (egg), Dijon Mustard, Spice Extract, Acidity Regulator (citric acid), Natural Antioxidant (mixed tocopherols), Garlic Oil, Colour (lutein)

Chicken Pesto

Contains: Gluten (wheat), Milk, Egg, Soy, Tree nuts (cashew), Sulphites

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Garlic Base	Garlic Crushed, Oregano, Vegetable Oil
Sundried Tomatoes	Tomatoes (65%), Canola Oil, Acidity Regulator (260), Herbs, Garlic Powder, Onion Powder, Preservative (223) (Sulphites)
Spinach	Fresh Spinach
Chicken Breast	100% Chicken Breast. + SMOKEY BBQ SEASONING: Salt, Breadcrumbs (Flour, Water, yeast salt), Dehydrated Vegetables (onion, garlic), Spices (pepper, chilli), Sugar, Rice Flour, Canola oil, Food acid (330), Herbs, natural flavour, spice extracts.
Mushroom	Fresh Mushroom
Spanish Onions	Fresh Spanish Onion
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Oregano	100% Oregano
Parmesan	Milk, Salt, rennet, Preservative, Lysozyme from Eggs.
Pesto Aioli	Canola Oil, Egg Yolk (4.5%), Whole Egg (4.5%), Water, Vinegar, Sugar, Salt, lemon Juice Concentrate, Herb Extract, Antioxidant (385), Natural Colour (160c). PESTO BASIL: Fresh Basil (55%), Canola Oil, Olive Oil, Sugar, Cashews, Parmesan Cheese, Salt, Acidity Regulator:Citric Acid (330), Lactic Acid, Preservative: Potassium Sorbate (202), Thickener: Guar Gum. GARLIC CRUSHED: Garlic and Salt.

Chilli Chicken

Contains: Gluten (wheat), Milk, Egg, Soy, Sulphites

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Tabasco	Distilled Vinegar, Red pepper (19%), Salt
Chicken Breast	100% Chicken Breast. + SMOKEY BBQ SEASONING: Salt, Breadcrumbs (Flour, Water, yeast salt), Dehydrated Vegetables (onion, garlic), Spices (pepper, chilli), Sugar, Rice Flour, Canola oil, Food acid (330), Herbs, natural flavour, spice extracts.
Mushroom	Fresh Mushroom
Roasted Capsicum	Red pepper (59%), water, vinegar, salt, sugar
Spanish Onions	Fresh Spanish Onion
Chilli Flakes	100% Red Chilli
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Fetta Cheese	Pasteurised Cow's Milk, Brine (salt,mineral salt (509), Acidity Regulator (260), Cultures, Mineral Salt (509), Non-Animal Rennet.
Peri Peri Sauce	Canola Oil, Egg Yolk (4.5%), Whole Egg (4.5%), Water, Vinegar, Sugar, Salt, lemon Juice Concentrate, Herb Extract, Antioxidant (385), Natural Colour (160c). PORTUGUESE CHILLI SAUCE: Water, Canola Oil, Sugar, Red Cayenne Puree, Red Jalapeno Puree, Ginger, Salt, Garlic, Chilli Flakes, Starch (1442), Red Wine Vinegar (Red Wine, Water, Acetic Acid (260)), Acetic Juice, Paprika Oleoresin, Pepper, Oregano.

Garlic Chicken Avo

Contains: Gluten (wheat), Milk, Egg, Soy, Tree nuts (cashew), Sulphites

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Garlic Base	Garlic Crushed, Oregano, Vegetable Oil
Chicken Breast	100% Chicken Breast. + SMOKEY BBQ SEASONING: Salt, Breadcrumbs (Flour, Water, yeast salt), Dehydrated Vegetables (onion, garlic), Spices (pepper, chilli), Sugar, Rice Flour, Canola oil, Food acid (330), Herbs, natural flavour, spice extracts.
Prosciutto	Pork, Salt, Corn Syrup Solid, Dextrose (Maize or tapioca), Lactose (Milk), Sugar, Acidity regulators (331, 300), Preservatives (255,251,250), Antioxidant (316), garlic. Contains Milk.
Spanish Onions	Fresh Spanish Onion
Avocado	Fresh Avocado
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Fresh Rocket	Fresh Rocket
Pesto Aioli	Canola Oil, Egg Yolk (4.5%), Whole Egg (4.5%), Water, Vinegar, Sugar, Salt, lemon Juice Concentrate, Herb Extract, Antioxidant (385), Natural Colour (160c). PESTO BASIL: Fresh Basil (55%), Canola Oil, Olive Oil, Sugar, Cashews, Parmesan Cheese, Salt, Acidity Regulator:Citric Acid (330), Lactic Acid, Preservative: Potassium Sorbate (202), Thickener: Guar Gum. GARLIC CRUSHED: Garlic and Salt.

Peri Peri

Contains: Gluten (wheat), Milk, Egg, Soy, Sulphites

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Chicken Breast	100% Chicken Breast. + SMOKEY BBQ SEASONING: Salt, Breadcrumbs (Flour, Water, yeast salt), Dehydrated Vegetables (onion, garlic), Spices (pepper, chilli), Sugar, Rice Flour, Canola oil, Food acid (330), Herbs, natural flavour, spice extracts.
Roasted Capsicum	Red pepper (59%), water, vinegar, salt, sugar
Caramelised Onions	Brown Onion, Brown Sugar (Cane Sugar),+ BALSAMIC VINEGAR (15%) (Wine Vinegar, Grape Must, Colour (150d), Preservative (220 (Sulphite))), Sugar, Sunflower Oil (Antioxidant (307b)), Lemon Juice, Red Bell Peppers, Vinegar, Salt, Garlic, Food Acid (330), Parsley, Vegetable Gum (415).
Shallots	Fresh Shallots
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Bocconcini	Pasteurised Cow's Milk, Live Cultures, Salt, Mineral Salt, Non-Animal Rennet.
Peri Peri Sauce	Canola Oil, Egg Yolk (4.5%), Whole Egg (4.5%), Water, Vinegar, Sugar, Salt, lemon Juice Concentrate, Herb Extract, Antioxidant (385), Natural Colour (160c). PORTUGUESE CHILLI SAUCE: Water, Canola Oil, Sugar, Red Cayenne Puree, Red Jalapeno Puree, Ginger, Salt, Garlic, Chilli Flakes, Starch (1442), Red Wine Vinegar (Red Wine, Water, Acetic Acid (260)), Acetic Juice, Paprika Oleoresin, Pepper, Oregano.

Tropical Chicken

Contains: Gluten (wheat), Milk, Egg, Soy, Tree nuts (cashew), Sulphites

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Chicken Breast	100% Chicken Breast. + SMOKEY BBQ SEASONING: Salt, Breadcrumbs (Flour, Water, yeast salt), Dehydrated Vegetables (onion, garlic), Spices (pepper, chilli), Sugar, Rice Flour, Canola oil, Food acid (330), Herbs, natural flavour, spice extracts.
Fresh Capsicum	Fresh Capsicum
Cherry Tomatoes	Fresh Cherry Tomatoes
Pineapple	Pineapple, Water, Sugar and Citric Acid
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Pesto Aioli	Canola Oil, Egg Yolk (4.5%), Whole Egg (4.5%), Water, Vinegar, Sugar, Salt, lemon Juice Concentrate, Herb Extract, Antioxidant (385), Natural Colour (160c). PESTO BASIL: Fresh Basil (55%), Canola Oil, Olive Oil, Sugar, Cashews, Parmesan Cheese, Salt, Acidity Regulator:Citric Acid (330), Lactic Acid, Preservative: Potassium Sorbate (202), Thickener: Guar Gum. GARLIC CRUSHED: Garlic and Salt.

Meat

Calabresa

Contains: Gluten (wheat), Milk

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Pepperoni	Meat including Pork 97%, salt, spices, mineral salts 450/ 451/ 452, fermented rice, preservative 250)
Spanish Onions	Fresh Spanish Onion
Olives	Kalamata Olives (66.6%), Water, Sea Salt, Acetic Acid, Vegetable Oil.
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).

Chorizo Lovers

Contains: Gluten (wheat), Milk **May contain:** Soy, Sulphites

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Chorizo	Pork, Salt, Spices, Corn Syrup, Solids, Garlic, Mineral Salt, (451, 450), Antioxidant (316), Preservative (250), Natural Hog Casing, Wood Smoke.
Spanish Onions	Fresh Spanish Onion
Shallots	Fresh Shallots
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).

Hot Honey Sausage ★

Contains: Gluten (wheat), Milk, Sulphites

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Italian Sausage	Pork (96%), Salt, Sugar, Spices, Flavour, Antioxidant (316), Sodium Nitrite (250), Starter Culture.
Caramelised Onions	Brown Onion, Brown Sugar (Cane Sugar),+ BALSAMIC VINEGAR (15%) (Wine Vinegar, Grape Must, Colour (150d), Preservative (220 (Sulphite))), Sugar, Sunflower Oil (Antioxidant (307b)), Lemon Juice, Red Bell Peppers, Vinegar, Salt, Garlic, Food Acid (330), Parsley, Vegetable Gum (415).
Blue Cheese	Grand'Or Danablu Danish Blue: Cow's Milk, Salt, Microbial Rennet, Penicillium Roqueforti, Bacterial Culture.
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Hot Honey	Meet The Aioli's Hot Honey Glaze: Honey infused with chilli.

I Love Supreme

Contains: Gluten (wheat), Milk, Soy

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Smoked Ham	Pork, Water, Dextrose (Maize, Tapioca), Salt, Thickener (407a), Emulsifiers (451, 508, 450, 452), Maltodextrin (Maize), Antioxidant (316), Hydrolysed Vegetable Protein (Maize), Sodium Nitrite (250), Colour (120), Yeast Extract, Canola Oil, Spice Extract, Smoked.
Pepperoni	Meat including Pork 97%, salt, spices, mineral salts 450/ 451/ 452, fermented rice, preservative 250)
Italian Sausage	Pork (96%), Salt, Sugar, Spices, Flavour, Antioxidant (316), Sodium Nitrite (250), Starter Culture.
Mushroom	Fresh Mushroom
Spanish Onions	Fresh Spanish Onion
Fresh Capsicum	Fresh Capsicum
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Olives	Kalamata Olives (66.6%), Water, Sea Salt, Acetic Acid, Vegetable Oil.
Pineapple	Pineapple, Water, Sugar and Citric Acid
Oregano	100% Oregano

Meat and More

Contains: Gluten (wheat), Milk, Soy, Sulphites **May contain:** Peanut, Tree nuts

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Smokey BBQ Sauce	Masterfoods Professional Gluten Free Smokey Barbecue Sauce: Tomatoes (from Paste) (47%), Sugar, Thickeners (Modified Cornstarch, Pectin), Water, Acidity Regulators (Acetic Acid, Citric Acid), Salt, Glucose Syrup, Colour (Caramel 150c), Flavour (Smoke) (0.2%), Onion (0.2%), Spices (Clove, Nutmeg, Pepper), Tamarind Paste, Yeast Extract.
Chicken Breast	100% Chicken Breast. + SMOKEY BBQ SEASONING: Salt, Breadcrumbs (Flour, Water, yeast salt), Dehydrated Vegetables (onion, garlic), Spices (pepper, chilli), Sugar, Rice Flour, Canola oil, Food acid (330), Herbs, natural flavour, spice extracts.
Smoked Ham	Pork, Water, Dextrose (Maize, Tapioca), Salt, Thickener (407a), Emulsifiers (451, 508, 450, 452), Maltodextrin (Maize), Antioxidant (316), Hydrolysed Vegetable Protein (Maize), Sodium Nitrite (250), Colour (120), Yeast Extract, Canola Oil, Spice Extract, Smoked.
Pepperoni	Meat including Pork 97%, salt, spices, mineral salts 450/ 451/ 452, fermented rice, preservative 250)
Italian Sausage	Pork (96%), Salt, Sugar, Spices, Flavour, Antioxidant (316), Sodium Nitrite (250), Starter Culture.
Chorizo	Pork, Salt, Spices, Corn Syrup, Solids, Garlic, Mineral Salt, (451, 450), Antioxidant (316), Preservative (250), Natural Hog Casing, Wood Smoke.
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Bacon	Zammit Shredded Bacon: Pork (95%), Salt, Mineral Salts (451, 450, 339), Maltodextrin (Maize), Antioxidant (316), Preservative (250), Flavour, Natural Wood Smoke.

Mexicana

Contains: Gluten (wheat), Milk **May contain:** Soy, Sulphites

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Tabasco	Distilled Vinegar, Red pepper (19%), Salt
Chorizo	Pork, Salt, Spices, Corn Syrup, Solids, Garlic, Mineral Salt, (451, 450), Antioxidant (316), Preservative (250), Natural Hog Casing, Wood Smoke.
Spanish Onions	Fresh Spanish Onion
Roasted Capsicum	Red pepper (59%), water, vinegar, salt, sugar
Jalapenos	Jalapeno peppers (50%), water, vinegar, salt, firming agent (calcium, chloride).
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Chilli Flakes	100% Red Chilli
Avocado	Fresh Avocado

Pepperoni Lovers

Contains: Gluten (wheat), Milk

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Garlic Base	Garlic Crushed, Oregano, Vegetable Oil
Olive Tapanade	Greek kalamata Olives (90%), Olive Oil, Salt, Citric Acid)
Spanish Onions	Fresh Spanish Onion
Fresh Capsicum	Fresh Capsicum
Pepperoni	Meat including Pork 97%, salt, spices, mineral salts 450/ 451/ 452, fermented rice, preservative 250)
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).

Pulled Pork

Contains: Gluten (wheat), Milk, Egg **May contain:** Soy, Peanut

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Smokey BBQ Sauce	Masterfoods Professional Gluten Free Smokey Barbecue Sauce: Tomatoes (from Paste) (47%), Sugar, Thickeners (Modified Cornstarch, Pectin), Water, Acidity Regulators (Acetic Acid, Citric Acid), Salt, Glucose Syrup, Colour (Caramel 150c), Flavour (Smoke) (0.2%), Onion (0.2%), Spices (Clove, Nutmeg, Pepper), Tamarind Paste, Yeast Extract.
Garlic Base	Garlic Crushed, Oregano, Vegetable Oil
Pulled Pork	Pork, Water, Acidity Regulators (326, 262), Salt, Maltodextrin (Maize or Tapioca), Vegetable Gum (407), Mineral Salts (451, 450), Natural Flavour, Sugar, Dried Vegetables (Including Garlic, Onion), Spice Extract, Dextrose (Maize or Tapioca).
Spanish Onions	Fresh Spanish Onion
Shallots	Fresh Shallots
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Garlic Aioli	Canola Oil, Pasteurised Whole Egg, Water, Garlic, White Vinegar, Salt, Mustard, Sugar, Lemon Juice, Natural Flavours (egg), Dijon Mustard, Spice Extract, Acidity Regulator (citric acid), Natural Antioxidant (mixed tocopherols), Garlic Oil, Colour (lutein)
Lemon	Fresh Lemon

Truffle Pork ★

Contains: Gluten (wheat), Milk, Egg, Sulphites **May contain:** Soy

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Bechamel Base	Water, Thickener (Modified Cornstarch), Cream 6%, Vegetable Oil, Sugar, Cheese Powder (contains Milk), Onion, Salt, Garlic, Food Acid (Lactic), Yeast Extract, Cheese Flavour (contains Milk), Pepper, Turmeric.
Pulled Pork	Pork, Water, Acidity Regulators (326, 262), Salt, Maltodextrin (Maize or Tapioca), Vegetable Gum (407), Mineral Salts (451, 450), Natural Flavour, Sugar, Dried Vegetables (Including Garlic, Onion), Spice Extract, Dextrose (Maize or Tapioca).
Caramelised Onions	Brown Onion, Brown Sugar (Cane Sugar),+ BALSAMIC VINEGAR (15%) (Wine Vinegar, Grape Must, Colour (150d), Preservative (220 (Sulphite))), Sugar, Sunflower Oil (Antioxidant (307b)), Lemon Juice, Red Bell Peppers, Vinegar, Salt, Garlic, Food Acid (330), Parsley, Vegetable Gum (415).
Shallots	Fresh Shallots
Bocconcini	Pasteurised Cow's Milk, Live Cultures, Salt, Mineral Salt, Non-Animal Rennet.
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Truffle Aioli	Truffle Aioli (Canola Oil. Free Range, Egg (Pasteurised), Vinegar, Mustard, Mushrooms, Salt, Sugar, Natural Flavour (Contains Egg), Lemon Juice, Natural Truffle Flavour(0.2%), Citric Acid, Spices, Natural Colour.

Vegetarian

Antipasto

Contains: Gluten (wheat), Milk, Sulphites

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Garlic Base	Garlic Crushed, Oregano, Vegetable Oil
Sundried Tomatoes	Tomatoes (65%), Canola Oil, Acidity Regulator (260), Herbs, Garlic Powder, Onion Powder, Preservative (223) (Sulphites)
Roasted Capsicum	Red pepper (59%), water, vinegar, salt, sugar
Mushroom	Fresh Mushroom
Eggplant	Fresh Eggplant, Vegetable Oil. GARLIC CRUSHED: Garlic and Salt.
Olives	Kalamata Olives (66.6%), Water, Sea Salt, Acetic Acid, Vegetable Oil.
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Blue Cheese	Grand'Or Danablu Danish Blue: Cow's Milk, Salt, Microbial Rennet, Penicillium Roqueforti, Bacterial Culture.
Oregano	100% Oregano

Five Cheese

Contains: Gluten (wheat), Milk

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Garlic Base	Garlic Crushed, Oregano, Vegetable Oil
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Fetta Cheese	Pasteurised Cow's Milk, Brine (salt,mineral salt (509), Acidity Regulator (260), Cultures, Mineral Salt (509), Non-Animal Rennet.
Blue Cheese	Grand'Or Danablu Danish Blue: Cow's Milk, Salt, Microbial Rennet, Penicillium Roqueforti, Bacterial Culture.
Bocconcini	Pasteurised Cow's Milk, Live Cultures, Salt, Mineral Salt, Non-Animal Rennet.
Catupiry	Milk, Cream, Salt, Starter Culture, Stabiliser (410).
Oregano	100% Oregano
Basil	Fresh Basil

OG Margherita

Contains: Gluten (wheat), Milk

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Cherry Tomatoes	Fresh Cherry Tomatoes
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Oregano	100% Oregano
Basil	Fresh Basil

Supreme Feast

Contains: Gluten (wheat), Milk

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Spinach	Fresh Spinach
Spanish Onions	Fresh Spanish Onion
Cherry Tomatoes	Fresh Cherry Tomatoes
Olives	Kalamata Olives (66.6%), Water, Sea Salt, Acetic Acid, Vegetable Oil.
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Fetta Cheese	Pasteurised Cow's Milk, Brine (salt,mineral salt (509), Acidity Regulator (260), Cultures, Mineral Salt (509), Non-Animal Rennet.

Vegetarian Lovers

Contains: Gluten (wheat), Milk, Egg, Tree nuts (cashew), Sulphites

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Sundried Tomatoes	Tomatoes (65%), Canola Oil, Acidity Regulator (260), Herbs, Garlic Powder, Onion Powder, Preservative (223) (Sulphites)
Spinach	Fresh Spinach
Mushroom	Fresh Mushroom
Roasted Capsicum	Red pepper (59%), water, vinegar, salt, sugar
Eggplant	Fresh Eggplant, Vegetable Oil. GARLIC CRUSHED: Garlic and Salt.
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Bocconcini	Pasteurised Cow's Milk, Live Cultures, Salt, Mineral Salt, Non-Animal Rennet.
Oregano	100% Oregano
Zucchini	Fresh Zucchini
Pesto Aioli	Canola Oil, Egg Yolk (4.5%), Whole Egg (4.5%), Water, Vinegar, Sugar, Salt, lemon Juice Concentrate, Herb Extract, Antioxidant (385), Natural Colour (160c). PESTO BASIL: Fresh Basil (55%), Canola Oil, Olive Oil, Sugar, Cashews, Parmesan Cheese, Salt, Acidity Regulator:Citric Acid (330), Lactic Acid, Preservative: Potassium Sorbate (202), Thickener: Guar Gum. GARLIC CRUSHED: Garlic and Salt.

Wild Mushroom

Contains: Gluten (wheat), Milk, Egg, Sulphites

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Bechamel Base	Water, Thickener (Modified Cornstarch), Cream 6%, Vegetable Oil, Sugar, Cheese Powder (contains Milk), Onion, Salt, Garlic, Food Acid (Lactic), Yeast Extract, Cheese Flavour (contains Milk), Pepper, Turmeric.
Spinach	Fresh Spinach
Mushroom	Fresh Mushroom
Eggplant	Fresh Eggplant, Vegetable Oil. GARLIC CRUSHED: Garlic and Salt.
Caramelised Onions	Brown Onion, Brown Sugar (Cane Sugar),+ BALSAMIC VINEGAR (15%) (Wine Vinegar, Grape Must, Colour (150d), Preservative (220 (Sulphite))), Sugar, Sunflower Oil (Antioxidant (307b)), Lemon Juice, Red Bell Peppers, Vinegar, Salt, Garlic, Food Acid (330), Parsley, Vegetable Gum (415).
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Fetta Cheese	Pasteurised Cow's Milk, Brine (salt,mineral salt (509), Acidity Regulator (260), Cultures, Mineral Salt (509), Non-Animal Rennet.
Truffle Aioli	Truffle Aioli (Canola Oil. Free Range, Egg (Pasteurised), Vinegar, Mustard, Mushrooms, Salt, Sugar, Natural Flavour (Contains Egg), Lemon Juice, Natural Truffle Flavour(0.2%), Citric Acid, Spices, Natural Colour.

Plant Based

Vegan Chicken Pesto

Contains: Gluten (wheat), Soy, Sulphites **May contain:** Tree nuts, Sesame

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Garlic Base	Garlic Crushed, Oregano, Vegetable Oil
Sundried Tomatoes	Tomatoes (65%), Canola Oil, Acidity Regulator (260), Herbs, Garlic Powder, Onion Powder, Preservative (223) (Sulphites)
Spinach	Fresh Spinach
Vegan Chicken	Water, Soy protein concentrate (27%), Vegetable Oil, Salt, Flavour, Spices.
Mushroom	Fresh Mushroom
Spanish Onions	Fresh Spanish Onion
Vegan Cheese	Water, Vegetable Oils (Sunflower, Coconut), Modified Starch (Potato, Corn) (1450, 1414), Potato Starch, Inulin, Mineral (170), Salt, Nutritional Yeast, Acidity Regulator (270), Preservative (220), Natural Flavour, Natural Colour (160a)
Oregano	100% Oregano
Vegan Pesto Aioli	Canola Oil, Water, White Vinegar, Salt, Sugar, Dijon Mustard, Emulsifier (1450), Lemon Juice, Vegetable Protein, Spice Extract, Natural antioxidant (Mixed Tocopherols), Vegetable Gums (Xanthan, Guar), Colour (Lutein). VEGAN PESTO: (Basil Pure (57%) (Fresh Basil, Vegetable Oil, Salt, Acetic Acid, Citric Acid, Calcium Lactate, Potassium Sorbate, Ascorbic Acid), Cooked Soybeans (Soy), Canola Oil, Sugar, Garlic Granules, Citric Acid and Preservative (202,211).

Vegan Lovers

Contains: Gluten (wheat), Sulphites **May contain:** Soy, Tree nuts, Sesame

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Garlic Base	Garlic Crushed, Oregano, Vegetable Oil
Spinach	Fresh Spinach
Mushroom	Fresh Mushroom
Spanish Onions	Fresh Spanish Onion
Eggplant	Fresh Eggplant, Vegetable Oil. GARLIC CRUSHED: Garlic and Salt.
Fresh Capsicum	Fresh Capsicum
Cherry Tomatoes	Fresh Cherry Tomatoes
Olives	Kalamata Olives (66.6%), Water, Sea Salt, Acetic Acid, Vegetable Oil.
Vegan Cheese	Water, Vegetable Oils (Sunflower, Coconut), Modified Starch (Potato, Corn) (1450, 1414), Potato Starch, Inulin, Mineral (170), Salt, Nutritional Yeast, Acidity Regulator (270), Preservative (220), Natural Flavour, Natural Colour (160a)
Oregano	100% Oregano
Vegan Aioli	Canola Oil, Water, White Vinegar, Salt, Sugar, Dijon Mustard, Emulsifier (1450), Lemon Juice, Vegetable Protein, Spice Extract, Natural antioxidant (Mixed Tocopherols), Vegetable Gums (Xanthan, Guar), Colour (Lutein).

Vegan Margherita

Contains: Gluten (wheat), Sulphites **May contain:** Soy, Tree nuts, Sesame

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Vegan Cheese	Water, Vegetable Oils (Sunflower, Coconut), Modified Starch (Potato, Corn) (1450, 1414), Potato Starch, Inulin, Mineral (170), Salt, Nutritional Yeast, Acidity Regulator (270), Preservative (220), Natural Flavour, Natural Colour (160a)
Cherry Tomatoes	Fresh Cherry Tomatoes
Oregano	100% Oregano
Basil	Fresh Basil

Vegan Peri Peri

Contains: Gluten (wheat), Soy, Sulphites **May contain:** Sesame

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Vegan Chicken	Water, Soy protein concentrate (27%), Vegetable Oil, Salt, Flavour, Spices.
Roasted Capsicum	Red pepper (59%), water, vinegar, salt, sugar
Caramelised Onions	Brown Onion, Brown Sugar (Cane Sugar),+ BALSAMIC VINEGAR (15%) (Wine Vinegar, Grape Must, Colour (150d), Preservative (220 (Sulphite))), Sugar, Sunflower Oil (Antioxidant (307b)), Lemon Juice, Red Bell Peppers, Vinegar, Salt, Garlic, Food Acid (330), Parsley, Vegetable Gum (415).
Shallots	Fresh Shallots
Vegan Cheese	Water, Vegetable Oils (Sunflower, Coconut), Modified Starch (Potato, Corn) (1450, 1414), Potato Starch, Inulin, Mineral (170), Salt, Nutritional Yeast, Acidity Regulator (270), Preservative (220), Natural Flavour, Natural Colour (160a)
Vegan Peri Peri	Canola Oil, Water, White Vinegar, Salt, Sugar, Dijon Mustard, Emulsifier (1450), Lemon Juice, Vegetable Protein, Spice Extract, Natural antioxidant (Mixed Tocopherols), Vegetable Gums (Xanthan, Guar), Colour (Lutein). + PORTUGUESE CHILLI SAUCE: Water, Canola Oil, Sugar, Red Cayenne Puree, Red Jalapeno Puree, Ginger, Salt, Garlic, Chilli Flakes, Starch (1442), Red Wine Vinegar (Red Wine, Water, Acetic Acid (260)), Acetic Juice, Paprika Oleoresin, Pepper, Oregano.

Signatures

Beef Truffle

Contains: Gluten (wheat), Milk, Egg, Soy, Sulphites **May contain:** Tree nuts, Crustacea

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Bechamel Base	Water, Thickener (Modified Cornstarch), Cream 6%, Vegetable Oil, Sugar, Cheese Powder (contains Milk), Onion, Salt, Garlic, Food Acid (Lactic), Yeast Extract, Cheese Flavour (contains Milk), Pepper, Turmeric.
Beef Brisket	Marinated Beef (89%), Beef 85%, Water, Salt, Thickener (1442), Sugar, Mineral Salts (451,450), Fibres, Yeast, Yeast Extract, Starch (Maize), BBQ Seasoning (Sugar, Tomato Powder, Food Acids (262,330), Spices, Canola Oil, Flavour) Liquid Smoke (Hickory Smoke Flavour Hydrolysed Soy Protein, Caramel Colour).
Mushroom	Fresh Mushroom
Caramelised Onions	Brown Onion, Brown Sugar (Cane Sugar),+ BALSAMIC VINEGAR (15%) (Wine Vinegar, Grape Must, Colour (150d), Preservative (220 (Sulphite))), Sugar, Sunflower Oil (Antioxidant (307b)), Lemon Juice, Red Bell Peppers, Vinegar, Salt, Garlic, Food Acid (330), Parsley, Vegetable Gum (415).
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Bocconcini	Pasteurised Cow's Milk, Live Cultures, Salt, Mineral Salt, Non-Animal Rennet.
Truffle Aioli	Truffle Aioli (Canola Oil. Free Range, Egg (Pasteurised), Vinegar, Mustard, Mushrooms, Salt, Sugar, Natural Flavour (Contains Egg), Lemon Juice, Natural Truffle Flavour(0.2%), Citric Acid, Spices, Natural Colour.
Mixed Herbs	Mint and Parsley.

Chicken Catupiry

Contains: Gluten (wheat), Milk, Soy, Sulphites

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Chicken Breast	100% Chicken Breast. + SMOKEY BBQ SEASONING: Salt, Breadcrumbs (Flour, Water, yeast salt), Dehydrated Vegetables (onion, garlic), Spices (pepper, chilli), Sugar, Rice Flour, Canola oil, Food acid (330), Herbs, natural flavour, spice extracts.
Spanish Onions	Fresh Spanish Onion
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Catupiry	Milk, Cream, Salt, Starter Culture, Stabiliser (410).
Oregano	100% Oregano

Churrasco

Contains: Gluten (wheat), Milk, Egg, Soy, Tree nuts (cashew) **May contain:** Crustacea, Sulphites

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Beef Brisket	Marinated Beef (89%), Beef 85%, Water, Salt, Thickener (1442), Sugar, Mineral Salts (451,450), Fibres, Yeast, Yeast Extract, Starch (Maize), BBQ Seasoning (Sugar, Tomato Powder, Food Acids (262,330), Spices, Canola Oil, Flavour) Liquid Smoke (Hickory Smoke Flavour Hydrolysed Soy Protein, Caramel Colour).
Chorizo	Pork, Salt, Spices, Corn Syrup, Solids, Garlic, Mineral Salt, (451, 450), Antioxidant (316), Preservative (250), Natural Hog Casing, Wood Smoke.
Roasted Capsicum	Red pepper (59%), water, vinegar, salt, sugar
Spanish Onions	Fresh Spanish Onion
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Oregano	100% Oregano
Pesto Aioli	Canola Oil, Egg Yolk (4.5%), Whole Egg (4.5%), Water, Vinegar, Sugar, Salt, lemon Juice Concentrate, Herb Extract, Antioxidant (385), Natural Colour (160c). PESTO BASIL: Fresh Basil (55%), Canola Oil, Olive Oil, Sugar, Cashews, Parmesan Cheese, Salt, Acidity Regulator:Citric Acid (330), Lactic Acid, Preservative: Potassium Sorbate (202), Thickener: Guar Gum. GARLIC CRUSHED: Garlic and Salt.

Fig & Prosciutto ★

Contains: Gluten (wheat), Milk, Sulphites **May contain:** Soy, Peanut, Tree nuts, Sesame

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Garlic Base	Garlic Crushed, Oregano, Vegetable Oil
Prosciutto	Pork, Salt, Corn Syrup Solid, Dextrose (Maize or tapioca), Lactose (Milk), Sugar, Acidity regulators (331, 300), Preservatives (255,251,250), Antioxidant (316), garlic. Contains Milk.
Caramelised Onions	Brown Onion, Brown Sugar (Cane Sugar),+ BALSAMIC VINEGAR (15%) (Wine Vinegar, Grape Must, Colour (150d), Preservative (220 (Sulphite))), Sugar, Sunflower Oil (Antioxidant (307b)), Lemon Juice, Red Bell Peppers, Vinegar, Salt, Garlic, Food Acid (330), Parsley, Vegetable Gum (415).
Dried Figs	Trumps Dried Figs: 100% dried figs, no added preservatives.
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Fresh Rocket	Fresh Rocket
Hot Honey	Meet The Aioli's Hot Honey Glaze: Honey infused with chilli.
Blue Cheese (optional extra)	Grand'Or Danablu Danish Blue: Cow's Milk, Salt, Microbial Rennet, Penicillium Roqueforti, Bacterial Culture.

Mediterranean Lamb

Contains: Gluten (wheat), Milk

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Garlic Base	Garlic Crushed, Oregano, Vegetable Oil
Lamb	Lamb (70%), Water, Salt, Modified starch (1442), Mineral Salt (451, 450), Dextrose, Vegetable Gums (407, 415, 412), Sugar, Yeast Extract Natural Flavour, Spice Extract.
Spanish Onions	Fresh Spanish Onion
Fresh Capsicum	Fresh Capsicum
Cherry Tomatoes	Fresh Cherry Tomatoes
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Fetta Cheese	Pasteurised Cow's Milk, Brine (salt,mineral salt (509), Acidity Regulator (260), Cultures, Mineral Salt (509), Non-Animal Rennet.
Mint Yoghurt	Milk, Cream (Milk Solids, Live Yogurt Cultures (Milk), (S. Thermophilus, L. Bulgaricus) + Fresh Mint.
Lemon	Fresh Lemon

Moroccan Lamb

Contains: Gluten (wheat), Milk

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Garlic Base	Garlic Crushed, Oregano, Vegetable Oil
Lamb	Lamb (70%), Water, Salt, Modified starch (1442), Mineral Salt (451, 450), Dextrose, Vegetable Gums (407, 415, 412), Sugar, Yeast Extract Natural Flavour, Spice Extract.
Spanish Onions	Fresh Spanish Onion
Cherry Tomatoes	Fresh Cherry Tomatoes
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Fetta Cheese	Pasteurised Cow's Milk, Brine (salt,mineral salt (509), Acidity Regulator (260), Cultures, Mineral Salt (509), Non-Animal Rennet.
Chilli Flakes	100% Red Chilli
Olives	Kalamata Olives (66.6%), Water, Sea Salt, Acetic Acid, Vegetable Oil.
Mint Yoghurt	Milk, Cream (Milk Solids, Live Yogurt Cultures (Milk), (S. Thermophilus, L. Bulgaricus) + Fresh Mint.
Lemon	Fresh Lemon

Portuguese

Contains: Gluten (wheat), Milk, Egg, Soy

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Smoked Ham	Pork, Water, Dextrose (Maize, Tapioca), Salt, Thickener (407a), Emulsifiers (451, 508, 450, 452), Maltodextrin (Maize), Antioxidant (316), Hydrolysed Vegetable Protein (Maize), Sodium Nitrite (250), Colour (120), Yeast Extract, Canola Oil, Spice Extract, Smoked.
Pepperoni	Meat including Pork 97%, salt, spices, mineral salts 450/ 451/ 452, fermented rice, preservative 250)
Spanish Onions	Fresh Spanish Onion
Fresh Capsicum	Fresh Capsicum
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Olives	Kalamata Olives (66.6%), Water, Sea Salt, Acetic Acid, Vegetable Oil.
Boiled Eggs	100% whole Egg.
Oregano	100% Oregano

Smoked Speck ★

Contains: Gluten (wheat), Milk

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Bechamel Base	Water, Thickener (Modified Cornstarch), Cream 6%, Vegetable Oil, Sugar, Cheese Powder (contains Milk), Onion, Salt, Garlic, Food Acid (Lactic), Yeast Extract, Cheese Flavour (contains Milk), Pepper, Turmeric.
Smoked Speck	Primo Smoked Speck: Pork, Water, Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250), Wood Smoke.
Blue Cheese	Grand'Or Danablu Danish Blue: Cow's Milk, Salt, Microbial Rennet, Penicillium Roqueforti, Bacterial Culture.
Corn Kernels	Kernel Corn (61%), water, Sugar and Salt.
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Oregano	100% Oregano

Three Cheese Brisket

Contains: Gluten (wheat), Milk, Soy, Sulphites

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Beef Brisket	Marinated Beef (89%), Beef 85%, Water, Salt, Thickener (1442), Sugar, Mineral Salts (451,450), Fibres, Yeast, Yeast Extract, Starch (Maize), BBQ Seasoning (Sugar, Tomato Powder, Food Acids (262,330), Spices, Canola Oil, Flavour) Liquid Smoke (Hickory Smoke Flavour Hydrolysed Soy Protein, Caramel Colour).
Caramelised Onions	Brown Onion, Brown Sugar (Cane Sugar),+ BALSAMIC VINEGAR (15%) (Wine Vinegar, Grape Must, Colour (150d), Preservative (220 (Sulphite))), Sugar, Sunflower Oil (Antioxidant (307b)), Lemon Juice, Red Bell Peppers, Vinegar, Salt, Garlic, Food Acid (330), Parsley, Vegetable Gum (415).
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Blue Cheese	Grand'Or Danablu Danish Blue: Cow's Milk, Salt, Microbial Rennet, Penicillium Roqueforti, Bacterial Culture.
Catupiry	Milk, Cream, Salt, Starter Culture, Stabiliser (410).
Oregano	100% Oregano

From the Ocean

Garlic Prawns

Contains: Gluten (wheat), Milk, Crustacea, Sulphites

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Sundried Tomatoes	Tomatoes (65%), Canola Oil, Acidity Regulator (260), Herbs, Garlic Powder, Onion Powder, Preservative (223) (Sulphites)
Roasted Capsicum	Red pepper (59%), water, vinegar, salt, sugar
Shallots	Fresh Shallots
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Garlic Prawns	Prawns, Garlic Crushed, Mixed herbs (fresh parsley, fresh mint)
Fetta Cheese	Pasteurised Cow's Milk, Brine (salt,mineral salt (509), Acidity Regulator (260), Cultures, Mineral Salt (509), Non-Animal Rennet.
Mixed Herbs	Mint and Parsley.
Lemon	Fresh Lemon

Mixed Seafood

Contains: Gluten (wheat), Milk, Crustacea, Mollusc, Sulphites **May contain:** Fish

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Tabasco	Distilled Vinegar, Red pepper (19%), Salt
Sundried Tomatoes	Tomatoes (65%), Canola Oil, Acidity Regulator (260), Herbs, Garlic Powder, Onion Powder, Preservative (223) (Sulphites)
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Mussels	Mussels (100%) (Mollusc).
Scallops	Scallops (99%) (Mollusc), Water, Mineral Salt (451)
Garlic Prawns	Prawns, Garlic Crushed, Mixed herbs (fresh parsley, fresh mint)
Bocconcini	Pasteurised Cow's Milk, Live Cultures, Salt, Mineral Salt, Non-Animal Rennet.
Mixed Herbs	Mint and Parsley.
Lemon	Fresh Lemon

Spinach & Prawns ★

Contains: Gluten (wheat), Milk, Crustacea

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Garlic Base	Garlic Crushed, Oregano, Vegetable Oil
Spinach	Fresh Spinach
Spanish Onions	Fresh Spanish Onion
Cherry Tomatoes	Fresh Cherry Tomatoes
Garlic Prawns	Prawns, Garlic Crushed, Mixed herbs (fresh parsley, fresh mint)
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).

Starters

Herb & Garlic

Contains: Gluten (wheat), Milk

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Garlic Base	Garlic Crushed, Oregano, Vegetable Oil
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Mixed Herbs	Mint and Parsley.

Olive & Feta

Contains: Gluten (wheat), Milk

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Olive Tapanade	Greek kalamata Olives (90%), Olive Oil, Salt, Citric Acid)
Fetta Cheese	Pasteurised Cow's Milk, Brine (salt,mineral salt (509), Acidity Regulator (260), Cultures, Mineral Salt (509), Non-Animal Rennet.
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).

Garlic Bread

Contains: Gluten (wheat), Soy **May contain:** Milk, Sesame

Garlic Bread	Bread [Wheat Flour, Water, Baker’s Yeast, Iodised Salt, Sugar, Vegetable Oil, Dextrose, Preservative (282), Emulsifiers (481, 472e), Soy Flour, Vitamins (Thiamin, Folate)], Margarine ([Vegetable Oil, Water, Salt, Emulsifiers (322 Soy, 471), Flavour, Antioxidant (307b from Soy), Acidity Regulator (330), Colour (160a)], Garlic (1.5%), Sugar, Parsley, Acidity Regulator (330).

Chicken Croquette / Coxinha (5pcs)

Contains: Gluten (wheat), Soy

Chicken Croquette	Plain Flour, Chicken Breast, Water, Table Spread, Onion, Bread Crumbs (Wheat Flour, water, Salt, Dry Yeast), Vegetable Oil, Corn Flour, Chicken Stock, Salt, Paprika Condiment, Tomato Pasta, Herbs and Spices.

Polenta Bites (6pcs)

Contains: Gluten (wheat) **May contain:** Milk, Tree nuts

Polenta Bites	Water, Cornmeal (Polenta) (28%), Vegetable Stock [Water, Vegetables (Carrot, Celery, Cabbage), Garlic, Onion, Bay Leaves, Parsley, Thyme], Margarine [Vegetable Oils, Water, Salt, Emulsifiers (471, Sunflower Lecithin), Natural Flavour, Vitamins (A, D, E), Colour (Beta-Carotene)], Iodised Salt, Wheat Flour [Wheat Flour, Yeast, Salt, Corn Starch, Antioxidant (300)], Wheat Starch.

Oven Baked Chips (350g)

Contains: Gluten (wheat) **May contain:** Milk

Chips	Potato (81%), thickeners (1412, 1400, 1414, 1404, 415), canola oil, corn starch, rice flour, salt, sugar, raising agents (450, sodium bicarbonate), dextrose (from maize), yeast extract, garlic powder, onion powder, natural colour (carotene).
Chicken Salt	Salt, Sugar, Maize Starch, Flavour enhancer (621), Flavours, Spices, Canola Oil, Dehydrated Vegetable, HVP (Plant-Base Protein), Acidity Regulator (330).

Chicken Wings (6pcs) ★

Contains: none of the major allergens **May contain:** Peanut

Mini Chicken Drums	100% Mini Drums
Wing Marinade	Olive Oil, Sweet Paprika, Salt, Garlic. (made in store)
Smokey BBQ Sauce	Masterfoods Professional Gluten Free Smokey Barbecue Sauce: Tomatoes (from Paste) (47%), Sugar, Thickeners (Modified Cornstarch, Pectin), Water, Acidity Regulators (Acetic Acid, Citric Acid), Salt, Glucose Syrup, Colour (Caramel 150c), Flavour (Smoke) (0.2%), Onion (0.2%), Spices (Clove, Nutmeg, Pepper), Tamarind Paste, Yeast Extract.

Buffalo Wings (6pcs) ★

Contains: none of the major allergens

Mini Chicken Drums	100% Mini Drums
Buffalo Sauce	Frank's RedHot Buffalo Wings Sauce: Distilled Vinegar, Aged Cayenne Red Peppers, Salt, Water, Canola Oil, Paprika, Natural Flavour, Xanthan Gum, Natural Butter Type Flavour (dairy-free), Garlic Powder.

Wraps & Loaded Fries

Beef Wrap ★

Contains: Gluten (wheat), Egg, Soy, Sulphites

Flour Tortilla	Mission 12" Flour Tortilla: Wheat Flour (66%) (Thiamine, Folic Acid), Water, Vegetable Shortening (Antioxidant 307b), Sugar, Baking Powder (450, 500, 341), Acidity Regulator (297), Iodised Salt, Mineral Salt (500), Preservative (282), Yeast.
Beef Brisket	Marinated Beef (89%), Beef 85%, Water, Salt, Thickener (1442), Sugar, Mineral Salts (451,450), Fibres, Yeast, Yeast Extract, Starch (Maize), BBQ Seasoning (Sugar, Tomato Powder, Food Acids (262,330), Spices, Canola Oil, Flavour) Liquid Smoke (Hickory Smoke Flavour Hydrolysed Soy Protein, Caramel Colour).
Mushroom	Fresh Mushroom
Caramelised Onions	Brown Onion, Brown Sugar (Cane Sugar),+ BALSAMIC VINEGAR (15%) (Wine Vinegar, Grape Must, Colour (150d), Preservative (220 (Sulphite))), Sugar, Sunflower Oil (Antioxidant (307b)), Lemon Juice, Red Bell Peppers, Vinegar, Salt, Garlic, Food Acid (330), Parsley, Vegetable Gum (415).
Mixed Leaves	Baby spinach, baby rocket.
Garlic Aioli	Canola Oil, Pasteurised Whole Egg, Water, Garlic, White Vinegar, Salt, Mustard, Sugar, Lemon Juice, Natural Flavours (egg), Dijon Mustard, Spice Extract, Acidity Regulator (citric acid), Natural Antioxidant (mixed tocopherols), Garlic Oil, Colour (lutein)

Chicken Wrap ★

Contains: Gluten (wheat), Milk, Egg, Soy, Sulphites

Flour Tortilla	Mission 12" Flour Tortilla: Wheat Flour (66%) (Thiamine, Folic Acid), Water, Vegetable Shortening (Antioxidant 307b), Sugar, Baking Powder (450, 500, 341), Acidity Regulator (297), Iodised Salt, Mineral Salt (500), Preservative (282), Yeast.
Chicken Breast	100% Chicken Breast. + SMOKEY BBQ SEASONING: Salt, Breadcrumbs (Flour, Water, yeast salt), Dehydrated Vegetables (onion, garlic), Spices (pepper, chilli), Sugar, Rice Flour, Canola oil, Food acid (330), Herbs, natural flavour, spice extracts.
Roasted Capsicum	Red pepper (59%), water, vinegar, salt, sugar
Spanish Onions	Fresh Spanish Onion
Mixed Leaves	Baby spinach, baby rocket.
Peri Peri Sauce	Canola Oil, Egg Yolk (4.5%), Whole Egg (4.5%), Water, Vinegar, Sugar, Salt, lemon Juice Concentrate, Herb Extract, Antioxidant (385), Natural Colour (160c). PORTUGUESE CHILLI SAUCE: Water, Canola Oil, Sugar, Red Cayenne Puree, Red Jalapeno Puree, Ginger, Salt, Garlic, Chilli Flakes, Starch (1442), Red Wine Vinegar (Red Wine, Water, Acetic Acid (260)), Acetic Juice, Paprika Oleoresin, Pepper, Oregano.

Vegetarian Wrap ★

Contains: Gluten (wheat), Milk, Egg, Tree nuts (cashew) **May contain:** Soy

Flour Tortilla	Mission 12" Flour Tortilla: Wheat Flour (66%) (Thiamine, Folic Acid), Water, Vegetable Shortening (Antioxidant 307b), Sugar, Baking Powder (450, 500, 341), Acidity Regulator (297), Iodised Salt, Mineral Salt (500), Preservative (282), Yeast.
Roasted Capsicum	Red pepper (59%), water, vinegar, salt, sugar
Avocado	Fresh Avocado
Spanish Onions	Fresh Spanish Onion
Mixed Leaves	Baby spinach, baby rocket.
Pesto Aioli	Canola Oil, Egg Yolk (4.5%), Whole Egg (4.5%), Water, Vinegar, Sugar, Salt, lemon Juice Concentrate, Herb Extract, Antioxidant (385), Natural Colour (160c). PESTO BASIL: Fresh Basil (55%), Canola Oil, Olive Oil, Sugar, Cashews, Parmesan Cheese, Salt, Acidity Regulator:Citric Acid (330), Lactic Acid, Preservative: Potassium Sorbate (202), Thickener: Guar Gum. GARLIC CRUSHED: Garlic and Salt.

Peri Peri Chicken Loaded Fries ★

Contains: Gluten (wheat), Milk, Egg, Soy, Sulphites

Chips	Potato (81%), thickeners (1412, 1400, 1414, 1404, 415), canola oil, corn starch, rice flour, salt, sugar, raising agents (450, sodium bicarbonate), dextrose (from maize), yeast extract, garlic powder, onion powder, natural colour (carotene).
Chicken Breast	100% Chicken Breast. + SMOKEY BBQ SEASONING: Salt, Breadcrumbs (Flour, Water, yeast salt), Dehydrated Vegetables (onion, garlic), Spices (pepper, chilli), Sugar, Rice Flour, Canola oil, Food acid (330), Herbs, natural flavour, spice extracts.
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Peri Peri Sauce	Canola Oil, Egg Yolk (4.5%), Whole Egg (4.5%), Water, Vinegar, Sugar, Salt, lemon Juice Concentrate, Herb Extract, Antioxidant (385), Natural Colour (160c). PORTUGUESE CHILLI SAUCE: Water, Canola Oil, Sugar, Red Cayenne Puree, Red Jalapeno Puree, Ginger, Salt, Garlic, Chilli Flakes, Starch (1442), Red Wine Vinegar (Red Wine, Water, Acetic Acid (260)), Acetic Juice, Paprika Oleoresin, Pepper, Oregano.

Pulled Brisket Loaded Fries ★

Contains: Milk, Egg, Soy **May contain:** Gluten (wheat)

Chips	Potato (81%), thickeners (1412, 1400, 1414, 1404, 415), canola oil, corn starch, rice flour, salt, sugar, raising agents (450, sodium bicarbonate), dextrose (from maize), yeast extract, garlic powder, onion powder, natural colour (carotene).
Beef Brisket	Marinated Beef (89%), Beef 85%, Water, Salt, Thickener (1442), Sugar, Mineral Salts (451,450), Fibres, Yeast, Yeast Extract, Starch (Maize), BBQ Seasoning (Sugar, Tomato Powder, Food Acids (262,330), Spices, Canola Oil, Flavour) Liquid Smoke (Hickory Smoke Flavour Hydrolysed Soy Protein, Caramel Colour).
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Garlic Aioli	Canola Oil, Pasteurised Whole Egg, Water, Garlic, White Vinegar, Salt, Mustard, Sugar, Lemon Juice, Natural Flavours (egg), Dijon Mustard, Spice Extract, Acidity Regulator (citric acid), Natural Antioxidant (mixed tocopherols), Garlic Oil, Colour (lutein)

Calzones

Five Cheese Calzone

Contains: Gluten (wheat), Milk

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Garlic Base	Garlic Crushed, Oregano, Vegetable Oil
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Fetta Cheese	Pasteurised Cow's Milk, Brine (salt,mineral salt (509), Acidity Regulator (260), Cultures, Mineral Salt (509), Non-Animal Rennet.
Blue Cheese	Grand'Or Danablu Danish Blue: Cow's Milk, Salt, Microbial Rennet, Penicillium Roqueforti, Bacterial Culture.
Bocconcini	Pasteurised Cow's Milk, Live Cultures, Salt, Mineral Salt, Non-Animal Rennet.
Catupiry	Milk, Cream, Salt, Starter Culture, Stabiliser (410).
Oregano	100% Oregano
Basil	Fresh Basil

Meat and More Calzone

Contains: Gluten (wheat), Milk, Soy **May contain:** Tree nuts

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Smokey BBQ Sauce	Masterfoods Professional Gluten Free Smokey Barbecue Sauce: Tomatoes (from Paste) (47%), Sugar, Thickeners (Modified Cornstarch, Pectin), Water, Acidity Regulators (Acetic Acid, Citric Acid), Salt, Glucose Syrup, Colour (Caramel 150c), Flavour (Smoke) (0.2%), Onion (0.2%), Spices (Clove, Nutmeg, Pepper), Tamarind Paste, Yeast Extract.
Chicken Breast	100% Chicken Breast. + SMOKEY BBQ SEASONING: Salt, Breadcrumbs (Flour, Water, yeast salt), Dehydrated Vegetables (onion, garlic), Spices (pepper, chilli), Sugar, Rice Flour, Canola oil, Food acid (330), Herbs, natural flavour, spice extracts.
Smoked Ham	Pork, Water, Dextrose (Maize, Tapioca), Salt, Thickener (407a), Emulsifiers (451, 508, 450, 452), Maltodextrin (Maize), Antioxidant (316), Hydrolysed Vegetable Protein (Maize), Sodium Nitrite (250), Colour (120), Yeast Extract, Canola Oil, Spice Extract, Smoked.
Pepperoni	Meat including Pork 97%, salt, spices, mineral salts 450/ 451/ 452, fermented rice, preservative 250)
Italian Sausage	Pork (96%), Salt, Sugar, Spices, Flavour, Antioxidant (316), Sodium Nitrite (250), Starter Culture.
Chorizo	Pork, Salt, Spices, Corn Syrup, Solids, Garlic, Mineral Salt, (451, 450), Antioxidant (316), Preservative (250), Natural Hog Casing, Wood Smoke.
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Bacon	Zammit Shredded Bacon: Pork (95%), Salt, Mineral Salts (451, 450, 339), Maltodextrin (Maize), Antioxidant (316), Preservative (250), Flavour, Natural Wood Smoke.

Peri Peri Calzone

Contains: Gluten (wheat), Milk, Egg

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Chicken Breast	100% Chicken Breast. + SMOKEY BBQ SEASONING: Salt, Breadcrumbs (Flour, Water, yeast salt), Dehydrated Vegetables (onion, garlic), Spices (pepper, chilli), Sugar, Rice Flour, Canola oil, Food acid (330), Herbs, natural flavour, spice extracts.
Roasted Capsicum	Red pepper (59%), water, vinegar, salt, sugar
Caramelised Onions	Brown Onion, Brown Sugar (Cane Sugar),+ BALSAMIC VINEGAR (15%) (Wine Vinegar, Grape Must, Colour (150d), Preservative (220 (Sulphite))), Sugar, Sunflower Oil (Antioxidant (307b)), Lemon Juice, Red Bell Peppers, Vinegar, Salt, Garlic, Food Acid (330), Parsley, Vegetable Gum (415).
Shallots	Fresh Shallots
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Bocconcini	Pasteurised Cow's Milk, Live Cultures, Salt, Mineral Salt, Non-Animal Rennet.
Peri Peri Sauce	Canola Oil, Egg Yolk (4.5%), Whole Egg (4.5%), Water, Vinegar, Sugar, Salt, lemon Juice Concentrate, Herb Extract, Antioxidant (385), Natural Colour (160c). PORTUGUESE CHILLI SAUCE: Water, Canola Oil, Sugar, Red Cayenne Puree, Red Jalapeno Puree, Ginger, Salt, Garlic, Chilli Flakes, Starch (1442), Red Wine Vinegar (Red Wine, Water, Acetic Acid (260)), Acetic Juice, Paprika Oleoresin, Pepper, Oregano.

Vegetarian Calzone

Contains: Gluten (wheat), Milk, Egg, Tree nuts

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Sundried Tomatoes	Tomatoes (65%), Canola Oil, Acidity Regulator (260), Herbs, Garlic Powder, Onion Powder, Preservative (223) (Sulphites)
Spinach	Fresh Spinach
Mushroom	Fresh Mushroom
Roasted Capsicum	Red pepper (59%), water, vinegar, salt, sugar
Eggplant	Fresh Eggplant, Vegetable Oil. GARLIC CRUSHED: Garlic and Salt.
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).
Bocconcini	Pasteurised Cow's Milk, Live Cultures, Salt, Mineral Salt, Non-Animal Rennet.
Oregano	100% Oregano
Zucchini	Fresh Zucchini
Pesto Aioli	Canola Oil, Egg Yolk (4.5%), Whole Egg (4.5%), Water, Vinegar, Sugar, Salt, lemon Juice Concentrate, Herb Extract, Antioxidant (385), Natural Colour (160c). PESTO BASIL: Fresh Basil (55%), Canola Oil, Olive Oil, Sugar, Cashews, Parmesan Cheese, Salt, Acidity Regulator:Citric Acid (330), Lactic Acid, Preservative: Potassium Sorbate (202), Thickener: Guar Gum. GARLIC CRUSHED: Garlic and Salt.

Kids

Kids Chicken & Pineapple

Contains: Gluten (wheat), Milk, Soy, Sulphites

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Chicken Breast	100% Chicken Breast. + SMOKEY BBQ SEASONING: Salt, Breadcrumbs (Flour, Water, yeast salt), Dehydrated Vegetables (onion, garlic), Spices (pepper, chilli), Sugar, Rice Flour, Canola oil, Food acid (330), Herbs, natural flavour, spice extracts.
Pineapple	Pineapple, Water, Sugar and Citric Acid
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).

Kids Ham & Cheese

Contains: Gluten (wheat), Milk, Soy

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Smoked Ham	Pork, Water, Dextrose (Maize, Tapioca), Salt, Thickener (407a), Emulsifiers (451, 508, 450, 452), Maltodextrin (Maize), Antioxidant (316), Hydrolysed Vegetable Protein (Maize), Sodium Nitrite (250), Colour (120), Yeast Extract, Canola Oil, Spice Extract, Smoked.
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).

Kids Ham & Pineapple

Contains: Gluten (wheat), Milk, Soy

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Smoked Ham	Pork, Water, Dextrose (Maize, Tapioca), Salt, Thickener (407a), Emulsifiers (451, 508, 450, 452), Maltodextrin (Maize), Antioxidant (316), Hydrolysed Vegetable Protein (Maize), Sodium Nitrite (250), Colour (120), Yeast Extract, Canola Oil, Spice Extract, Smoked.
Pineapple	Pineapple, Water, Sugar and Citric Acid
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).

Kids Margherita

Contains: Gluten (wheat), Milk

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).

Kids Pepperoni ★

Contains: Gluten (wheat), Milk

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Tomato Base	Tomatoes 98.5% min, salt, sugar, spices, acidity regulator E330
Pepperoni	Meat including Pork 97%, salt, spices, mineral salts 450/ 451/ 452, fermented rice, preservative 250)
Mozzarella	Milk, Salt, Starter Culture, Enzyme (Non-Animal Rennet), Anti-Caking Agent (460), Preservative (200).

Salads

Chicken Avo Salad

Contains: Gluten (wheat), Milk, Soy, Sulphites

Chicken Breast	100% Chicken Breast. + SMOKEY BBQ SEASONING: Salt, Breadcrumbs (Flour, Water, yeast salt), Dehydrated Vegetables (onion, garlic), Spices (pepper, chilli), Sugar, Rice Flour, Canola oil, Food acid (330), Herbs, natural flavour, spice extracts.
Avocado	Fresh Avocado
Mixed Leaves	Baby spinach, baby rocket.
Fetta Cheese	Pasteurised Cow's Milk, Brine (salt,mineral salt (509), Acidity Regulator (260), Cultures, Mineral Salt (509), Non-Animal Rennet.
Balsamic & Olive Oil Dressing	Birch & Waite: Canola Oil, Water, Balsamic Vinegar (Red Wine Vinegar, Grape Juice Must, Colour 150d), Liquid Sugar, White Vinegar, Olive Oil, Lemon Juice, Salt, Herbs & Spices, Yeast Extract, Garlic, Red Capsicum, Onion Powder, Vegetable Gum (Xanthan), Colour (150d), Natural Antioxidant (307b).

Greek Salad
Contains: Milk **May contain:** Sulphites

Mixed Leaves	Baby spinach, baby rocket.
Cherry Tomatoes	Fresh Cherry Tomatoes
Olives	Kalamata Olives (66.6%), Water, Sea Salt, Acetic Acid, Vegetable Oil.
Fetta Cheese	Pasteurised Cow's Milk, Brine (salt,mineral salt (509), Acidity Regulator (260), Cultures, Mineral Salt (509), Non-Animal Rennet.
Spanish Onions	Fresh Spanish Onion
Fresh Capsicum	Fresh Capsicum
Oregano	100% Oregano
Balsamic & Olive Oil Dressing	Birch & Waite: Canola Oil, Water, Balsamic Vinegar (Red Wine Vinegar, Grape Juice Must, Colour 150d), Liquid Sugar, White Vinegar, Olive Oil, Lemon Juice, Salt, Herbs & Spices, Yeast Extract, Garlic, Red Capsicum, Onion Powder, Vegetable Gum (Xanthan), Colour (150d), Natural Antioxidant (307b).

Rocket & Parmesan Salad
Contains: Milk, Egg **May contain:** Sulphites

Fresh Rocket	Fresh Rocket
Cherry Tomatoes	Fresh Cherry Tomatoes
Parmesan	Milk, Salt, rennet, Preservative, Lysozyme from Eggs.
Balsamic & Olive Oil Dressing	Birch & Waite: Canola Oil, Water, Balsamic Vinegar (Red Wine Vinegar, Grape Juice Must, Colour 150d), Liquid Sugar, White Vinegar, Olive Oil, Lemon Juice, Salt, Herbs & Spices, Yeast Extract, Garlic, Red Capsicum, Onion Powder, Vegetable Gum (Xanthan), Colour (150d), Natural Antioxidant (307b).

Desserts
Churros (4pcs) – served with your choice of dip below
Contains: Gluten (wheat) **May contain:** Milk, Egg, Soy, Sulphites

Churros	Water, Wheat Flour (vitamin (thiamin, folic acid)), Sugar, Canola Oil, Salt, Vanilla Flavour
Cinnamon Sugar	Sugar and Cassia.

Dip option: Biscoff dip
Contains: Gluten (wheat), Soy

Biscoff	Caramelised Biscuit (58%) (Wheat Flour, Sugar, Vegetable Oil (Palm oil, Canola Oil), Candy Sugar Syrup, Raising Agent (Sodium Bicarbonate), Soy Flour, Salt, Cinnamon, Canola Oil, Sugar, Emulsifier (Soy Lecithin), Acid (citric Acid).

Dip option: Nutella dip
Contains: Milk, Soy, Tree nuts (hazelnut)

Nutella	Sugar, Vegetable Oil (Palm*), Hazelnuts (13%), Skim Milk powder (8.7%), Fat-Reduced Cocoa Powder (7.4%), Emulsifier (Lecithins) (Soy), Flavouring (Vanillin). Total Milk Solids: 8.7%, Total Cocoa Solids: 7.4%.

Dip option: Caramel dip (Dulce de Leche)
Contains: Milk

Caramel	Water, Full Cream Milk Powder (22%), Glucose and fructose syrup, skimmed milk powder (5%) and preservative (E 202)

Nutella Calzone (9 inch)
Contains: Gluten (wheat), Milk, Soy, Tree nuts (hazelnut)

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Nutella	Sugar, Vegetable Oil (Palm*), Hazelnuts (13%), Skim Milk powder (8.7%), Fat-Reduced Cocoa Powder (7.4%), Emulsifier (Lecithins) (Soy), Flavouring (Vanillin). Total Milk Solids: 8.7%, Total Cocoa Solids: 7.4%.
Icing Sugar	Cane sugar

Banoffee Calzone (9 inch)

Contains: Gluten (wheat), Milk

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Caramel	Water, Full Cream Milk Powder (22%), Glucose and fructose syrup, skimmed milk powder (5%) and preservative (E 202)
Banana	Fresh Banana
Cinnamon Sugar	Sugar and Cassia.

Biscoff Calzone (9 inch)

Contains: Gluten (wheat), Soy

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Biscoff	Caramelised Biscuit (58%) (Wheat Flour, Sugar, Vegetable Oil (Palm oil, Canola Oil), Candy Sugar Syrup, Raising Agent (Sodium Bicarbonate), Soy Flour, Salt, Cinnamon, Canola Oil, Sugar, Emulsifier (Soy Lecithin), Acid (citric Acid).
Icing Sugar	Cane sugar

Sweet Bites – Nutella

Contains: Gluten (wheat), Milk, Soy, Tree nuts (hazelnut)

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Nutella	Sugar, Vegetable Oil (Palm*), Hazelnuts (13%), Skim Milk powder (8.7%), Fat-Reduced Cocoa Powder (7.4%), Emulsifier (Lecithins) (Soy), Flavouring (Vanillin). Total Milk Solids: 8.7%, Total Cocoa Solids: 7.4%.
Icing Sugar	Cane sugar

Sweet Bites – Biscoff

Contains: Gluten (wheat), Soy

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Biscoff	Caramelised Biscuit (58%) (Wheat Flour, Sugar, Vegetable Oil (Palm oil, Canola Oil), Candy Sugar Syrup, Raising Agent (Sodium Bicarbonate), Soy Flour, Salt, Cinnamon, Canola Oil, Sugar, Emulsifier (Soy Lecithin), Acid (citric Acid).
Icing Sugar	Cane sugar

Sweet Bites – Caramel (Dulce de Leche)

Contains: Gluten (wheat), Milk

Dough	Wheat Flour, Iodised Salt, Vegetable Oil, Sugar, Thiamine, Folic Acid.
Caramel	Water, Full Cream Milk Powder (22%), Glucose and fructose syrup, skimmed milk powder (5%) and preservative (E 202)
Icing Sugar	Cane sugar

Chocolate Creme (110g) ★

Contains: Milk

Chocolate Creme	Birch & Waite Chocolate Creme 110g: Water, Milk Powder, Sugar, Thickeners (1422, 1400, 407), Cream (Milk), Flavours, Colour (Carotene).

Creme Caramel (110g) ★

Contains: Milk

Creme Caramel	Birch & Waite Creme Caramel 110g: Water, Milk Powder, Sugar, Thickeners (1442, 1440), Natural Flavours, Vegetable Gums (407, 415), Salt, Colour (160a).

Rice Pudding (110g) ★

Contains: Milk

Rice Pudding	Birch & Waite Creamy Rice Pudding with Cinnamon 110g: Water, Milk Powder, Sugar, Thickeners, Rice.

Ice Cream – Vanilla

Contains: Milk, Egg **May contain:** Gluten (wheat), Soy, Peanut, Tree nuts, Sesame

Vanilla Ice Cream	Dairy Ingredients (Reconstituted Milk Solids and/ or Skim Milk) Sugar, Glucose (Maize), Egg Yolk Powder, Vegetable Gums (412, 415, 410), Flavour, Vanilla Bean Seeds (<1%).

Ice Cream – Chocolate

Contains: Milk **May contain:** Gluten (wheat), Egg, Soy, Peanut, Tree nuts, Sesame

Chocolate ice cream	Dairy Ingredients (Reconstituted Milk Solids and/ or Skim Milk), Chocolate Ripple (13%) [Water, Sugar, Milk Solids, Glucose (Maize), Cocoa Powder (1%). Milk Fat, Modified Starch (1422), Natural Flavour, Vegetable Gum (440), Preservative (202), Sugar, Glucose (Maize), Cocoa Solids (2.3%), Emulsifier (471), Vegetable Gum, (407a, 410, 412, 460), Colours (123, 102, 110, 133, 124)

Ice Cream – Salted Caramel

Contains: Milk, Egg **May contain:** Gluten (wheat), Soy, Peanut, Tree nuts, Sesame

Salted Caramel Ice Cream	Dairy Ingredients (Reconstituted Milk Solids and/or Skim Milk), Sugar, Salted Caramel Ripple (11%) [Sugar, Glucose (Maize), Milk Solids, Milk Fat, Modified Starch (1422), Sea Salt, Vegetable Gum (440), Natural Flavour, Colour (150d, 160b, 100), Preservative (202)], Glucose (Maize), Egg Yolk Powder, Natural Flavour, Vegetable Gums (412, 415, 410), Colours (155, 102, 133).